



PURASH-KANPUR HARIDAS NANDI MAHAVIDYALAYA
(A Co-education Degree College of Arts, Science and Commerce affiliated to the University of Calcutta)
Re- accredited by NAAC with B+ grade and one of the proud recipients of RUSA 2.0 fund
P.O. Kanpur, P.S. Amta, Dist. Howrah, PIN 711410
Website: www.pkhn.ac.in, email: pkhn2010@gmail.com, Phone: 03214-250236

Ref. No.....

Date.....

7.1.9 Details of activities that inculcate values; necessary to render students into responsible citizens:

Report on Gender Sensitization, Mansplaining

Popular Lecture Series
on
Gender Sensitization, 2020-2021
Organized by: **WOMEN CELL**
Under the Aegis of IQAC,
Purash Kanpur Haridas Nandi Mahavidyalaya, Howrah
on 12.06. 2021 at 11.30am

Chief Patron: Dr. Chandan Kumar Jana, Principal
Purash Kanpur Haridas Nandi Mahavidyalaya

Topic: MANSPLAINING
Speaker: Prof. Saranya Sen
HOD, Department of English and IQAC Coordinator
Purash Kanpur Haridas Nandi Mahavidyalaya

To join the meeting click here: <https://meet.google.com/sya-vkaa-hvt>

Name of the Cell: WOMEN CELL

Date:- 12.06. 2021

Time: 11.30 pm

Venue: Online Platform

Number of student participants: 65

Number of faculty / staff members present: 6

Brief description:

The inaugural lecture of the Popular Lecture Series is delivered by the respected IQAC coordinator and HOD of the Department of English, Prof. Saranya Sen on 12th June, 2021, titled as 'Mansplaining'. The whole discussion creates a stir among the audience. A number of students and teachers question their own experience



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of day-to-day hard realities. A few of the questions asked by the students are as follows: Nandita Senapati [GEO. (H)] asked how she can find herself and take decisions in this omnipresent patriarchal mindset starting from her family to the broader society. In choosing her stream of study she wants to be an air-hostess, but her family puts the barrier and decides, on behalf of her, to study in a general course which it thought to be safer for her career. Sumit China [English (H)] put the question as whether the precepts/disciplines of our scripture are only to maintain the male dominance or the fear of such-discipline-free women to over-empower men. Riya Mukherjee, a student, expresses her real-life confusion over the chivalrous attitudes shown by the men as if to protect the women and girls, while in getting all their requirements done they always command on the hard labour of the women in the family. All the questions have been dealt by the honorable speaker with care and explained in the language comprehensible to the students.





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Workshop on Menstrual Health and Hygiene

on 04.08. 2020

Conducted by: **Unicharm India Pvt. Ltd.**

Organized by : **WOMEN CELL**

Purash Kanpur Haridas Nandi Mahavidyalaya,
Howrah

(A Co-educational degree college affiliated to cu and accredited B+ by NAAC)

Report on Menstrual Health and Hygiene

Name of the Cell: WOMEN CELL

Date:- 04.08.2020

Time: 3 pm to 4.30 pm

Venue: Online Platform

Number of student participants: 65

Number of faculty / staff members present: 4

Brief description:



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The main objective behind the program is to make the students aware about menstrual hygiene. It was conducted by Unicharm India Pvt. Ltd represented by Roshnee Bhowmick and organized by the Women's Cell of the college. The programme started with the anchor and Women's Cell convener Dr. Puspita Sengupta. She introduced the topic and conveyed a message from the Principal Sir. Girls and women need to maintain good menstrual hygiene to uphold their health and dignity. She explained the same in very simplistic terms. The workshop was conducted with an aim to talk more and more about safe menstrual practice and issues in maintaining hygiene. Roshnee also discussed hygiene practices such as the use of sanitary napkins, washing and cleaning. Girls were given useful information on the correct way of disposing of napkins followed by precautions to be taken during the period. It also included giving knowledge on dietary habits so as to enable them to lead a healthy reproductive life in future. They were also given an overview of menstruation disorders in the body such as any kind of pelvic inflammatory infections due to lack of adequate hygiene.





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Outcome:

During the workshop, the students were told about the science behind menstruation and the myths surrounding it. The girls were also taught basic hygiene that should be maintained during periods. It helped in sensitizing them on various complications arising out of lack of menstrual hygiene. In the end, a question-answer round was also conducted. The program received overwhelming response from both teachers and students. Anusree Adhikary, Titir Nandi, Sumana Maity, Kakon Maity and Nandita Senapati spoke about their real life experiences on the problems they face during this time of the month. They had lots of questions which were patiently addressed by Roshnee and the faculty members. It has now become critical that discussion about menstruation be mainstreamed as a normal biological process. It is a fundamental developmental milestone and a vital health sign. Girls and women were enabled and encouraged to manage their period with confidence and dignity.



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WOMEN'S DAY CELEBRATION 2019



Name of the Cell: WOMEN CELL

Date: 08.03.2019

Time: 11.00 am

Venue: (Room No.): 23

Number of student participants: 50

Number of faculty / staff members present: 09

Brief description (100 words):



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The main objective behind the program is to observe “Women’s Day” by spreading awareness among students about women equity and emancipation. The programme started with the anchor and Women’s Cell convener Dr. Puspita Sengupta introducing the history of the observation of Women’s day. The programme continued with a cultural presentation by the students. Pragna Nandi, Lisa pal, Chaitali Nandi, Urmila Takal and Moutusi Mondal participated in the inaugural song. Dr. Chandan Kumar Jana, Principal delivered the introductory speech. Saheli Samanta, Chatali Nandi, Srijon SAasmal, Sk. Anisha Yasmin discussed on the different theme of the IWD of different year. Joint convener Smt. Aloka Das introduces 2019 theme “*Better the Balance Better the World*” through which she highlighted the importance of a gender- balanced world. The songs and dance recitals of the students along with recitation of some very suitable verses signifying the theme

Outcome (100 words):

The program was extremely successful. All the students participated very enthusiastically. The objective of the programme i.e to spread awareness among all was attained. The fact that women should become aware of their social, economic and cultural rights and must learn to exercise the same was successfully communicated through the entire programme. Overall, it was a learning experience for all the stakeholders.

Sensitization of students through Popular Lecture series:

On 11.02.2020 the IQAC organized a popular lecture on “The Relevance of Swamiji’s ideas to contemporary youth and society”. Dr Prasenjit Saha, Assistant Professor of Karimpur Pannadevi College was the Hon’ble Speaker on the occasion and the programme received favourable response from the students of whom there were more than 72 in number.



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Overwhelming response from the Students and Staff in the programme



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Students' Attendance in the programme

EVENT ANNOUNCEMENT 11/02/2020

The IQAC of the college has organized a popular lecture on "Relevance of Swamiji's Ideas on to Contemporary Youth and Society", today at 11:15 AM in Room no. 23. The lecture would be delivered by Dr. Prasannjit Saha, Assistant Professor, P. Kesimpur Panna Devi College. All are requested to gather in Room no. 23 at 11:00 AM and make the event a success.

Jaxambun
(Co-ordinator)
IQAC.

Staff Members Present

Name	Signature	Designation
Tranpa Sen	<i>Jaxambun</i>	Asst. Prof. in English
Shreyas Das	<i>Shreyas Das</i>	Asst. Prof in Pol. Sc.
Sudipto Chakraborty	<i>Su.</i>	Librarian
SK. Imran Faris	<i>Imran</i>	Staff
Manju Saha	<i>mlaha</i>	Teacher
Swati Dey	<i>Swati Dey</i>	Teacher
Jayanta Mandal	<i>Jayanta Mandal</i>	Teacher



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Students Present

Name	Class & Roll No.
Abarna Ghosh	2nd Year B.A - 28 ABH
Ketaj Pal	B.A 2nd Year - 15 ABH
Sangita Das	B.A 2nd Year - 12 (G)
Swarna Choudhan	B.A 2nd year - AHH-14
Rinku Sathukhan	B.A 2nd year - AHH-5
Pijasha Das	B.A 2nd year - ABH-60
Amrita Kamakar	B.A 2nd year - ABH-06
Rani Malik	B.A 2nd year - 27
Soumitra Chakraborty	B.A 2nd year - 31
Neha Ghosh	B.Sc 2nd year - 07 (Geo)
Puja Naga	B.Sc 2nd year - 03 (Geo)
Mousumi Mondal	B.Sc 2nd year - 18 (Geo)
Pallabi Koley	B.Sc 2nd year - 10 (Geo)
Ritika Choudhan	B.Sc 2nd year - 12 (Geo)
Promita Ghosh	B.A (G) 2nd year - 111 (AG)
Indira Patra	B.Sc (H) 2nd year - 14 (Geo)
Priyanka Khosla	B.Sc (H) 2nd year - 1 (Geo)
Jia Adak	B.Sc (H) 2nd year - 2 (Geo)
Tiara Banerjee	B.Sc (H) 2nd year - 20 (Geo)
Tanuja Pal	B.Sc (H) 2nd year - 21 (Geo)
Seema Jana	ABH (H) 2nd year - 45
Ankita Jana	ABH (H) 2nd year - 56
Julie Ghosh	ABH (H) 2nd year - 52
Harnabha Yasmine	ABH (H) 2nd year - 40
Kubek Malik	ABH (H) 2nd year - 53
Shabrupa Nandi	ABH (H) 2nd year - 26
Suparna Chatterjee	ABH (H) 2nd year - 8
Uday Ranjan	ABH (H) 2nd year - 43
Mampi Ghosh	ABH (H) 2nd year - 43
Kaya Roy	ABH (H) 2nd year - 42
Sathi Kunti	ABH (H) 2nd year - 24
Alba Bose	ABH (H) 2nd year - 3
Andara Jana	B.Sc (H) 2nd year - 9 (Geo)
Riya Das	B.Sc (H) 2nd year - 11 (Geo)
Sima Pal	ABH (H) 2nd year - 13
Tulika Chowdhury	B.Sc (H) 2nd year - 5 (Geo)

Name	Class & Roll No.
51. Rinpa Maji	B.A 2nd year AHH-17 (History)
52. Tanaya Chhara	B.A 2nd year AHH-10 (History)
33 Mahuya Maji	B.A 2nd year AHH-16 (History)
40 Thumpa Mondal	B.A 2nd year AHH-9 (History)
41 Anisafika Samanta	B.A 2nd year ABH-36
42 Divya Bhowmik	B.A 2nd year AHH-39 (Hist)
43 Pallabi Kholal	B.A 2nd year AHH-93 (History)
44 Sutapa Khan	B.A 2nd year AHH-34 (History)
45 Anamika Sanyal	B.A (G) 2nd year - 43
46 Sabina Khan	B.A (G) 2nd year - 48
47 Baisakhi Bhowmik	B.A (G) 2nd year - 13
48 Sushovan Patra	B.A (H) 2nd year - 41 (History)
49 Prosenjit Sinha	B.A (H) 2nd year - 64 (BIO)
50 Tulika Jana	B.A (H) 2nd year - 30 (History)
51 Subis K. Pal	B.Sc (H) 2nd year - 23 (Geo)
52 Anam Saha	B.Sc (H) 2nd year - 24 (Geo)
53. Shantanu Hazra	B.Sc (H) 2nd year - 27 (Geography)
54. Srijan Samal	B.Sc (H) 2nd year - 25 (Geography)
55. Arijit Chakraborty	B.Sc (H) 2nd year - 22 (Geo)
56. Anirudh	B.Sc (H) 2nd year - 26 (Geo)
57. Saheli Samanta	B.A (H) 2nd - 33 (History)
58. Mou Adhikary	B.A (H) 4th Sem - 38 (Hist)
59. Anshuwaripa Das	B.A (H) 4th Sem 2nd year ABH-14 (Comp)
60. Umika Talal	B.A (H) 4th Sem 2nd year ABH-16 (H)
61. Rubi Ghosh	B.A (G) 4th Sem 2nd year ABH-53 (G)
62. Piyali Paul	B.A (G) 4th Sem 2nd year ABH-12 (G)
63. Srabanti Koley	B.A (H) 4th Sem 2nd year - AHH-8 (Hist)
64. Susmita Singh	BA (H) 4th Sem 2nd year - AHH-19 (Hist)
65. Kunal Mondal	B.A (H) 4th Sem 2nd year - AHH-17 (Hist)
66. SK Washim Raja Fakir	B.A (H) 4th Sem 2nd year AHH-14 (H)
67. SK Mollaizul	B.A (H) 4th Sem 2nd year AHH-52 (H)
68. Arwit Roy	B.A (H) 4th Sem 2nd year AHH-6 (H)
69. Shuvadeep Nath	B.A (H) 4th Sem 2nd year ABH-06
70. Anamita Palalhi	B.A (H) 4th Sem 2nd year ABH-10
71. Shoboni Pan	B.A (H) 4th Sem 2nd year ABH-55
72. Sushita Dey	B.A (H) 4th Sem 2nd year ABH-44



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Report on the Webinar arranged by Bengali Department of Purash Kanpur Haridas Nandi Mahavidyalaya

Under the guidance from the IQAC, the Bengali Department of the college organized a webinar on the auspicious occasion of the International Mother Language Day on February 21, 2021. The speaker was Prof. Udayakumar Chakraborty. He is a distinguished linguist and former professor of Jadavpur University. He is the author of many original and scholarly essays and is still equally active.

The webinar started on February 21, 2021 at 10 am through Google Meet. The Principal, professors of all the departments, several professors from other colleges and numerous students of our college participated in this discussion very enthusiastically. For this, apart from Google Meet, the help of YouTube was taken.

At the beginning of the meeting the Principal was nominated as the president. Senior teaching faculty from the host department, Prof. Swati Dey, was in charge of conducting the session. She first requested the Principal to deliver his inaugural address. The Principal expressed his gratitude for organizing this discussion with the help of internet even during the covid pandemic. Then the HOD Dr. Manju Saha made introduction of Professor Chakraborty. The moderator then requested Dr. Udayakumar Chakraborty to present his speech.

Professor Chakraborty discussed in detail the importance of this day in a very interesting manner. First, he discussed in detail about the language movement of Bangladesh in 1952, the language movement of 1961 in the Barak Valley of Assam and the movement for the Bengali language that continues even today in Dandakaranya of Odisha. Besides he also said how to protect Bengali language while it is becoming weak under the pressure of Hindi and English.

Professor Chakraborty's speech was followed by a question-and-answer session. There were several questions from the audience and the speaker patiently answered them. At the end of the discussion, the convenor of IQAC of our college and HOD of English department Professor Saranya Sen delivered vote of thanks speech. We have filled in the feedback form from all the participants and issued certificates to them. This discussion had been saved on YouTube channel.



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আন্তর্জাতিক মাতৃভাষা দিবস

২১ ফেব্রুয়ারি ২০২১



পুরাশ কানপুর হরিদাস নন্দী মহাবিদ্যালয়

সভামুখ্য - ড. চন্দন কুমার জানা, অধ্যক্ষ
আমন্ত্রিত বক্তা - ড. উদয়কুমার চক্রবর্তী, বিশিষ্ট ভাষাবিদ ও
প্রাক্তন অধ্যাপক, যাদবপুর বিশ্ববিদ্যালয়

আয়োজনে - বাংলা বিভাগ ও আইকিউএসি

সময় - সকাল দশটা

গুগল মিট লিঙ্ক - <https://meet.google.com/rpa-hpsq-ttb>



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A day-long webinar on “Best Health Practices during the Covid Crisis” was organized in association with Peerless Hospital and B.K.Roy Research Centre on 8th July, 2020. where reputed doctors, as Dr. Subhrojyoti Bhowmick and Dr. Bodhisattwa Mishra delivered their lectures on ‘what is COVID-19’ and how to prevent the spread of it. All students, teachers and staff have participated and enriched themselves through interaction.

In total about one hundred participants had logged in for the Webinar that includes students, teachers, staff and their family members and ex-faculty members. Another webinar was organised in association with MGNCRE on 7th June 2021 on “Guidance on Psycho-social skills to Helpers during Pandemic”. The speakers were Ms. Shrayashi Das and Ms. Tanupriya Chandra, Consultant, MGNCRE and Dr. Sabita Misra who have encouraged our students to gain mental strength and boost immunity to fight back the menace of the Century. Ms. Shrayashi Das and Ms. Tanupriya Chandra of MGNCRE were also present and guided our students to develop different skills as helpers for themselves and fellow citizens to stay healthy and safe during Pandemic and overcome the crisis. With their knowledge and skill and equipped with information technology tools and social media platforms the students, faculty members have engaged themselves in online extension activities means to generate awareness to mitigate COVID-19 pandemic to save themselves in particular and the society at large.

Purash Kanpur Haridas Nandi Mahavidyalaya
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Mahatma Gandhi National Council of Rural Education
Organizes a One-Day Workshop
on
**Guidance on Psycho-social
skills to Helpers during
Pandemic**

On 07.06.2021 at 9.30 a.m.

Chief Patron:
Dr. Chandan Kumar Jana,
Principal

Organizers:
Puspita Sengupta,
Nodal Officer, MGNCRE
Debanjan Sethi, N.S.S. P.O.

Speaker: **Shrayashi Das**, Consultant, Swachhata Action Plan, MGNCRE.

To register click here: <https://forms.gle/WicgohywtUUSiXR88>
To join the meeting click here: <https://meet.google.com/jix-ueoj-uff>



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NSS Activities

In order to provide an inclusive environment NSS takes a proactive approach through all of its activities. In fact the main objectives of National Service Scheme (NSS) are :

- i. understand the community in which they work
- ii. understand themselves in relation to their community
- iii. identify the needs and problems of the community and involve them in problem-solving
- iv. develop among themselves a sense of social and civic responsibility
- v. utilise their knowledge in finding practical solutions to individual and community problems
- vi. develop competence required for group-living and sharing of responsibilities
- vii. gain skills in mobilising community participation
- viii. acquire leadership qualities and democratic attitudes
- ix. develop capacity to meet emergencies and natural disasters and
- x. practise national integration and social harmony

And in all of its programmes and regular camps these objectives become the guidelines.

Hence in programmes like Tree Plantation, gardening, campus cleaning and the Special Camps all the students come together and work hand-in-hand inculcating a spirit of cooperation, friendship and harmony. It has also been noted time and again how the senior members of the group work together with the younger fellows over and beyond their leadership roles.



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Activities resonating spirit of national integration and social harmony during NSS Special Camp



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Coming together at the Cyclathon as part of the FIT India Movement exhibiting a practice of finding practical solutions to individual and community problems



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Collaborating with the local Health Centre as part of the Dengue Awareness Rally - developing among themselves a sense of social and civic responsibility



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Carrying out door-to-door survey in the adopted villages



Tree Plantation programme carried out by NSS along with some of the faculty members



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Website: www.pkhn.ac.in, email: pkhn2010@gmail.com, Phone: 03214-250236

Ref. No.....

Date.....

Online activities that fosters an inclusive environment by inspiring students to work above and beyond all sorts of diversities as responsible citizens

A day-long webinar on “*Best Health Practices during the Covid Crisis*” was organized in association with Peerless Hospital and B.K.Roy Research Centre on 8th July, 2020. where reputed doctors, as Dr. Subhrojyoti Bhowmick and Dr. Bodhisattwa Mishra delivered their lectures on ‘what is COVID-19’ and how to prevent the spread of it. All students, teachers and staff have participated and enriched themselves through interaction. In total about one hundred participants had logged in for the Webinar that includes students, teachers, staff and their family members and ex-faculty members. Another webinar was organised in association with MGNCRE on 7th June 2021 on “*Guidance on Psycho-social skills to Helpers during Pandemic*”. The speakers were Ms. Shrayashi Das and Ms. Tanupriya Chandra, Consultant, MGNCRE and Dr. Sabita Misra who have encouraged our students to gain mental strength and boost immunity to fight back the menace of the Century. Ms. Shrayashi Das and Ms. Tanupriya Chandra of MGNCRE were also present and guided our students to develop different skills as helpers for themselves and fellow citizens to stay healthy and safe during Pandemic and overcome the crisis. With their knowledge and skill and equipped with information technology tools and social media platforms the students, faculty members have engaged themselves in online extension activities means to generate awareness to mitigate COVID-19 pandemic to save themselves in particular and the society at large.

 **Purash Kanpur Haridas Nandi Mahavidyalaya**
(A Co-Educational Degree College affiliated to C.U.) 

Mahatma Gandhi National Council of Rural Education
Organizes a One-Day Workshop
on
**Guidance on Psycho-social
skills to Helpers during
Pandemic**

Chief Patron:
Dr. Chandan Kumar Jana,
Principal

Organizers:
Puspita Sengupta,
Nodal Officer, MGNCRE
Debanjan Sethi, N.S.S. P.O.

On 07.06.2021 at 9.30 a.m.

Speaker: **Shrayashi Das**, Consultant, Swachhata Action Plan, MGNCRE.

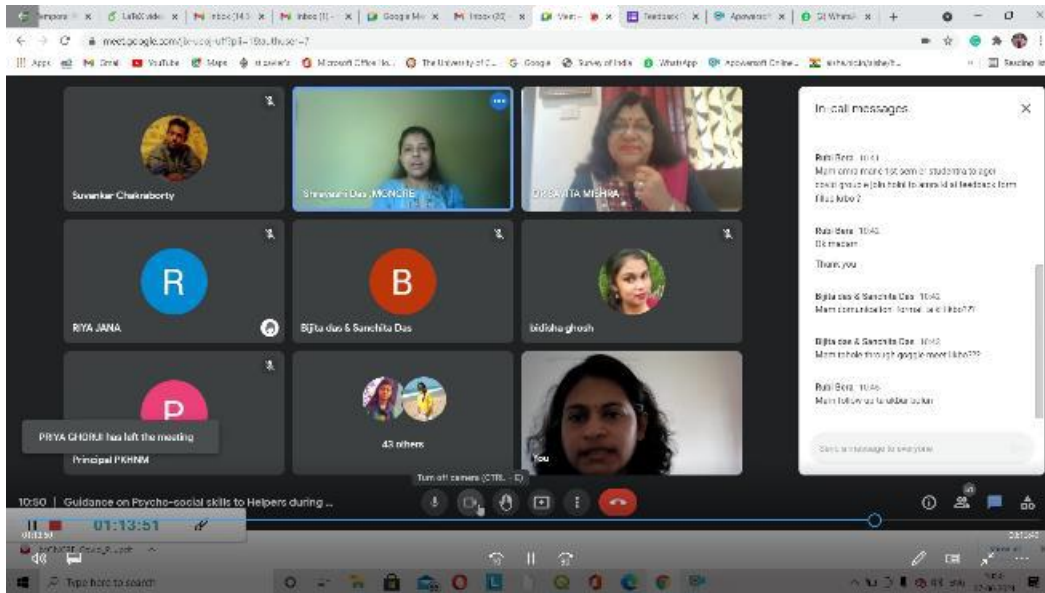
To register click here: <https://forms.gle/WicgohywtUUSiXl6x8>
To join the meeting click here: <https://meet.google.com/jix-ueoj-uff>



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Making masks at home and thus developing capacity to meet emergencies and especially the Pandemic situation



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Organizing Blood Donation Camps where the students develop among themselves a sense of social and civic responsibility.